

Christ Church Day School

COVID-19 Policy

August 2021

It shall be the Policy of Christ Church Day School (CCDS) to follow the recommendations of the Centers for Disease Control (CDC), California Department of Public Health (CDPH), County of San Diego, and the Episcopal Diocese of San Diego as it relates to offering in-class instruction. At the writing of this document, in-class instruction is encouraged. The safety of our children, families, and staff is of paramount importance. Should recommendations regarding in-class instruction change, Christ Church Day School will follow the latest recommendations from the aforementioned entities. As this situation is evolving, Addendums will be added at the end of the policy for reference and substantive policy updates based on the latest guidelines from CDC, CDPH, County of San Diego, and the Episcopal Diocese of San Diego.

From the CA Dept of Public Health (CDPH) from July 12, 2021

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>

Masks are one of the most effective and simplest safety mitigation layers to prevent in-school transmission of COVID-19 infections and to support full time in-person instruction in K-12 schools. SARS-CoV-2, the virus that causes COVID-19, is transmitted primarily by aerosols (airborne transmission), and less frequently by droplets. Physical distancing is generally used to reduce only droplet transmission, whereas masks are one of the most effective measures for source control of **both** aerosols and droplets. Therefore, masks best promote both safety and in-person learning by reducing the need for physical distancing. Additionally, under the new guidance from the CDC, universal masking also permits modified quarantine practices under certain conditions in K-12 settings, further promoting more instructional time for students.

Opening in August, 2021

Arriving and Departing Campus

All students, staff, and visitors are required to wear masks when entering and leaving the CCDS campus. A hand sanitizer station will be at the gate for all persons to use when entering the campus.

Entering the campus, students will be reminded of the requirement to wear a mask on campus and will be instructed to wash their hands frequently and avoid touching their face. Posters will be displayed on campus reinforcing this protocol. Extra masks will be available for all students, staff, and visitors to campus.

Staff will be trained before the start of school on their requirements to wear a face covering and will remind students throughout the day on proper usage.

Classroom Protocol

Students and staff in all grades will be required to wear masks while in inside spaces. Students and staff will not be permitted to eat while indoors when others are around.

When outdoors during meal times, recess, and Physical Education class, masks may be removed. This policy may be updated as new guidelines are released.

Hand sanitizer will be located in each classroom. In addition, students will be taken to wash their hands with soap and water.

Students will stay within their class (cohort) and will have limited interaction with students from other classrooms. Bathrooms will be designated for specific classrooms (cohorts), which will further decrease interaction between students from other classrooms.

Physical distancing requirements will not be required inside the classrooms. When outside, students will be separated during meals and grouped with their class (cohort).

Stairs and hallways will be designated one direction to avoid crowding.

Volunteers and visitors on campus will be limited during this time. Parents needing to pick up their child must come directly to the office to sign their child out from class. **No visitor will travel around the campus. All visitors must wear a mask.**

Mask mandates will be monitored continually and changed if recommended.

Distance Learning

Should the State of California, County of San Diego, or the Episcopal Diocese close schools to in-person instruction, Christ Church Day School will move to online instruction. Students and parents will be instructed on the use of Google Suites. iPads will be issued for younger students, while the older students will be issued laptop computers. Should it become necessary to move to distance learning, each day will consist of both whole class and small group instruction via an electronic platform and individual work will be assigned. CCDS recognizes the inherent value of small groups while instructing in this format. As always, parents are encouraged to contact their children's teachers to set up conferences via the Internet or phone.

Should a CCDS family choose to keep their child home from school because they are not comfortable with in-person instruction, efforts will be made to live stream the in-person class to that student. Materials will be provided so they can follow along with the class. A staff member will follow up with the student daily to ensure they have received the needed instruction for their assignments.

Guidance from the California Department of Public Health will be used in determining if an individual, cohort, or the entire school must be sent home for an extended period of time.

Cleaning Protocol

1) Regular cleaning

- a. When choosing cleaning products, use those approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list “N” (Attachment C) and follow product instructions.
- b. To reduce the risk of asthma related to disinfecting, programs should aim to select disinfectant products on list N with asthma-safer ingredients (hydrogen peroxide, citric acid or lactic acid).
- c. Avoid products that mix these ingredients with peroxyacetic (peracetic) acid, sodium hypochlorite (bleach) or quaternary ammonium compounds, which can cause asthma.
- d. Use disinfectants labeled to be effective against emerging viral pathogens, following label directions for appropriate dilution rates and contact times. Provide employees training on manufacturer’s directions, on Cal/OSHA requirements for safe use and as required by the Healthy Schools Act, as applicable.
- e. Custodial staff with the responsibility of cleaning and disinfecting the school site must be equipped with proper protective equipment, including gloves, eye protection, respiratory protection and other appropriate protective equipment as required by the product instructions. All products must be kept out of children’s reach and stored in a space with restricted access.
- f. Desks will be cleaned at the end of the day. Door handles, railings, and light switch plates will be cleaned daily.
- g. Ensure safe and correct application of disinfectant and keep products away from students.
- h. Ensure proper ventilation during cleaning and disinfecting. Introduce fresh outdoor air as much as possible, for example, by opening windows where practicable. When cleaning, air out the space before children arrive; plan to do thorough cleaning when children are not present. If using air conditioning, use the setting that brings in fresh air. Replace and check air filters and filtration systems to ensure optimal air quality.
- i. If opening windows poses a safety or health risk (e.g., allowing pollens in or exacerbating asthma symptoms) to persons using the facility, consider alternatives, such as utilizing an air condition system.

2) Cleaning Protocol for a known positive COVID-19 case

- a. CLOSE off all areas used by the ill persons and wait as long as possible before beginning cleaning and disinfection to minimize potential for exposure to respiratory droplets (at least 24 hours).
- b. Simultaneous to item (a) above, open outside doors and windows to increase air circulation (all rooms, where possible) for at least 24 hours.
- c. Cleaning staff should wear disposable gloves and gowns for all tasks in the cleaning process, including handling trash.

- d. After 24 hours, clean surfaces first. If surfaces are dirty, clean using a detergent or soap and water (and paper towels/sponges) prior to disinfection.
- e. DISINFECT cleaned surfaces. Products with EPA list N-approved (Attachment C) emerging viral pathogens claims are expected to be effective against COVID-19 based on data for harder to kill viruses. Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.). **Ensure adequate contact time for effective disinfection according to the manufacturer's label and direction.**
- f. Adhere to any safety precautions or other label recommendations as directed (e.g., allowing adequate ventilation in confined areas, proper disposal of unused product or used containers and donning appropriate PPE
- g. Clean and disinfect all frequently touched surfaces in affected areas (e.g., counters, tabletops, doorknobs, light switches, bathroom fixtures, toilets, phones, keyboards, tablets, remotes and bedside tables) according to instructions described for products with EPA-approved emerging viral pathogens claims.
- h. After cleaning, removal, and disposal of PPE, immediately perform hand hygiene. Soap and water should be used if the hands are visibly soiled.
- i. Cleaning staff should clean hands often, by washing hands with soap and water for 20 seconds. If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains 60%-95% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water.
- j. No additional cleaning is needed for supply and return ventilation registers or filtration systems for the building.
- k. No additional treatment of wastewater is needed before discharging to a sanitary sewer.

Student & Staff Illness- Returning to Campus

All students and staff are asked to stay home if they are not feeling well and to alert the school to their absence. If a student becomes ill, including signs of an upper respiratory ailment or any signs of COVID-19, they will be escorted to a designated quarantine space and a staff member will remain with the student until such time that they may be picked up by a parent or family member. Staff members will report any illness to the Head of School or designee prior to departing campus.

Staff members and students with symptoms of COVID-19 infection are not to return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms:

- i. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
- ii. Other symptoms have improved; and
- iii. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.

Mrs. Funk will be the contact person for the coordination between the Health Department and CCDS staff and families. She will have a list of the names of students and staff that have come in contact with an exposed individual and will provide this list to the health department for contact tracing.

Mrs. Funk will communicate with CCDS staff, families, and the Health Department when a positive case or exposure is detected at the school. All privacy protocols will be used to correspond with HIPAA and FERPA requirements.

1) For students and staff with symptoms and who test positive for COVID19:

At least 3 days (72 hours) have passed since recovery, defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and, two negative COVID19 test results, each test administered 24 hours apart. Staff and families will contact their primary care provider or community testing site for testing.

For students and staff with NO symptoms and who test positive for COVID19:
Symptom-free for at least 10 days from the date of the positive test result; AND two negative test results, each test administered 24 hours apart. Staff and families will contact their primary care provider or community testing site for testing.

2) For students and staff with primary and/or secondary COVID-19 exposure and who do NOT develop symptoms:

Quarantine recommendations for unvaccinated students for exposures when both parties were wearing a mask, as required in K-12 indoor settings. These are adapted from the CDC K-12 guidance and CDC definition of a close contact. The Decision Tree from the CDPH is included in the appendix.

a. When both parties were wearing a mask in the indoor classroom setting, unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified 10-day quarantine as follows. They may continue to attend school for in-person instruction if they:

- i. Are asymptomatic;
- ii. Continue to appropriately mask, as required;
- iii. Undergo at least twice weekly testing during the 10-day quarantine; and
- iv. Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting

b. If no testing will be administered, the student may return to school after quarantining on Day 11 following exposure with no symptoms.

C. Students may return to school following quarantining for 5 days with a negative test taken on day 6 with no symptoms.

3) For students and staff with primary and secondary COVID-19 exposure to symptomatic household members and who do NOT develop symptoms:

At least 3 days (72 hours) have passed since household member's recovery, defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and, at least 10 days have passed since household member's symptoms first appear

- 4) For employees who have been hospitalized (admitted and/or visited the Emergency Department) or visited an Urgent Care facility:

14 days of self-quarantine, symptom-free at all times, or, if testing is available and administered, one negative test result for COVID-19; test administered at least 72 hours after exiting the facility. Staff and families will contact their primary care provider or community testing site for testing.

Traveling out of California- Returning to Campus

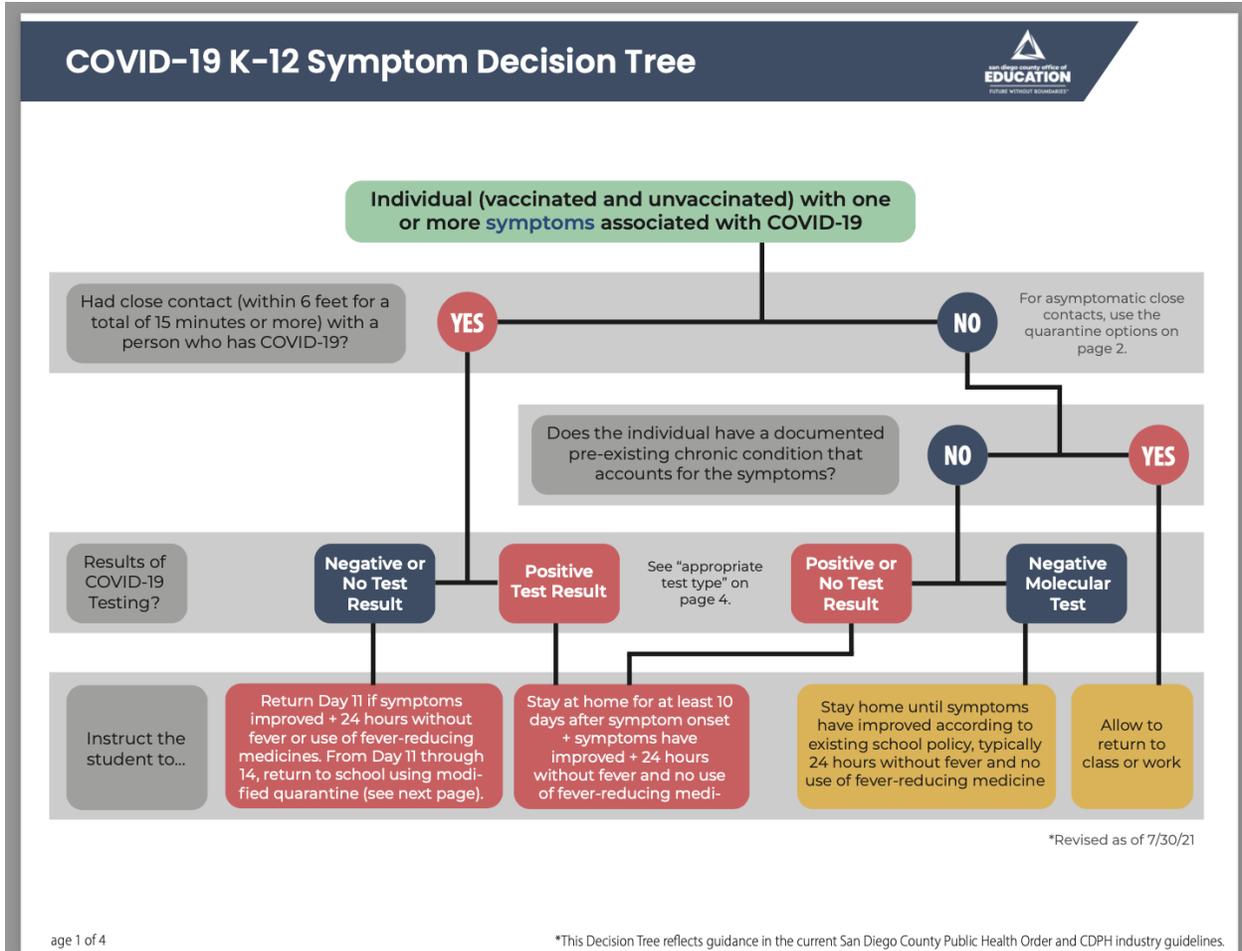
The CDC recommends quarantining and testing following travel for unvaccinated people. Following their guidance, students and staff who are unvaccinated and travel outside of California, must quarantine for 5 days and have a negative test result following the quarantine to return to campus. During this quarantining time, efforts will be made to live stream the in-person class to that student. Materials will be provided so they can follow along with the class. A staff member will follow up with the student daily to ensure they have received the needed instruction for their assignments.

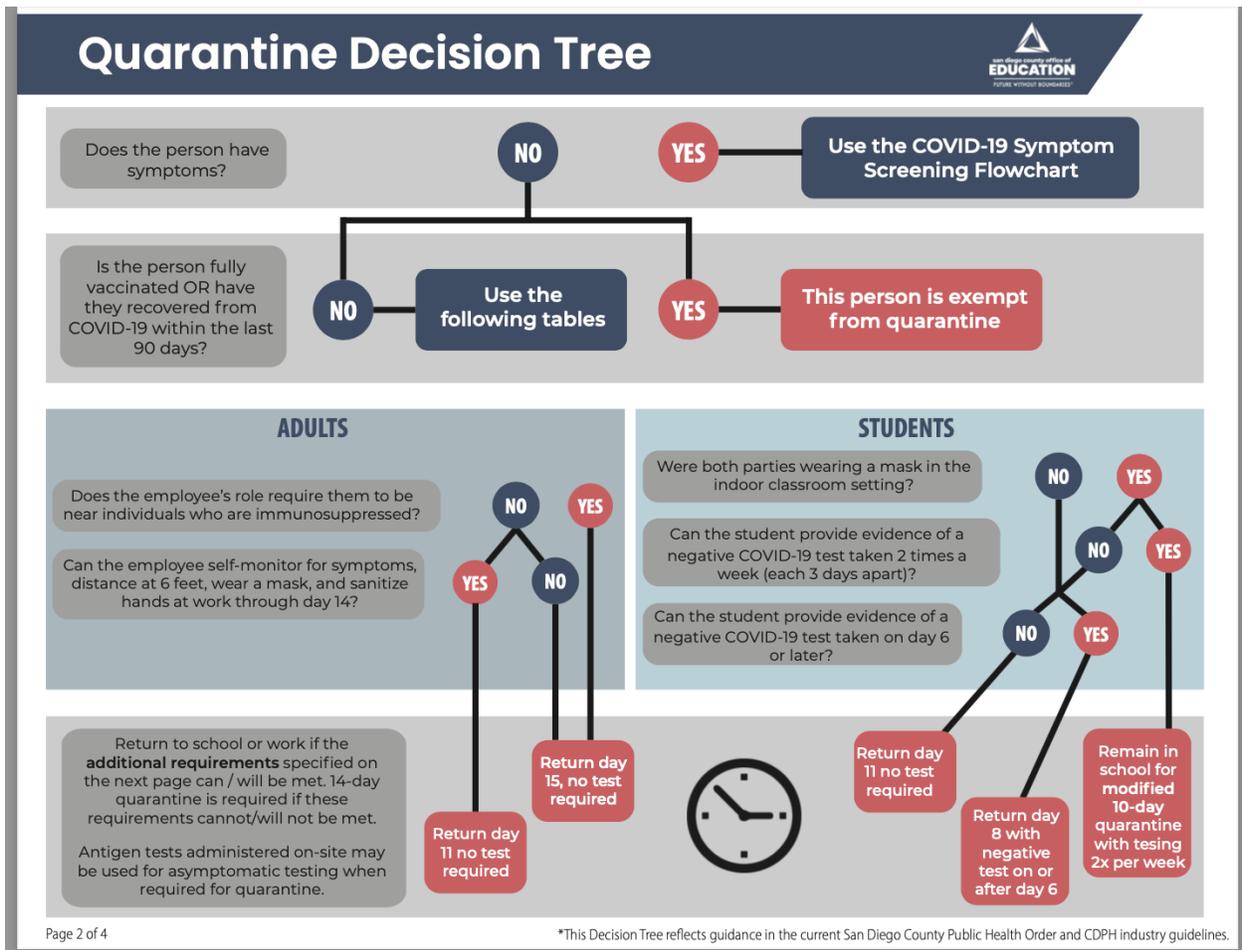
The CDPH Guidance on Travel flyer is included in the appendix.

Updating Guidance as the Year Progresses

The CCDS Board will monitor the guidance of the CDC, CDPH, the SD County Department of Education, and the Diocese to make changes as needed. The safety of our students, staff, and families is of the utmost importance to us.

Appendix i- CDPH Decision Tree for Symptoms from July 30, 2021





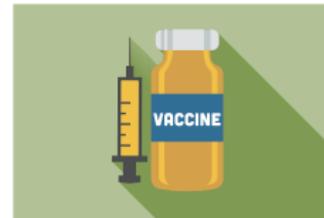
Traveling To or From California? Follow These CDC Travel Guidelines

Traveling to or from California? Help prevent the spread of COVID-19 by following current CDC travel guidelines. Read the [CDC's full travel guidance](#).

Delay Travel (Both Domestic and International) Until You're Fully Vaccinated¹

If you're fully vaccinated, you can travel safely within the United States (and you don't need to test or quarantine). If you're fully vaccinated and traveling internationally, follow [CDC testing guidelines for international travel](#) before and after your return to the US. Please follow all CDC and [California masking guidelines](#).

Please stay informed of [CDC Destination Travel Alerts](#) that will warn you about high transmission rates in an area.



If You Are NOT Vaccinated, But Choose to Travel, Get Tested Before and After

If you are NOT vaccinated, but choose to travel domestically, get tested with a [viral test](#) 1–3 days BEFORE travel AND 3–5 days AFTER travel. Also, even if you test negative, stay home and self-quarantine for a full **7 days** after travel.

If you don't get tested, stay home and self-quarantine for **10 days** after travel.

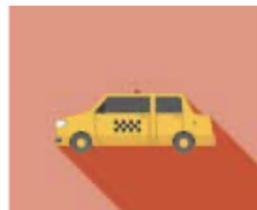
If you're NOT vaccinated, and traveling internationally, follow [CDC testing guidelines for international travel](#) before and after your return to the US.



ALWAYS Wear a Mask on Public Transportation (Regardless of Your Vaccination Status)

EVERYONE must wear a mask AT ALL TIMES on public transportation (including airports, planes, trains, buses, stations, etc.) into, within, or out of the U.S.

Read our [guidance for the use of face coverings](#).



¹Someone is considered fully vaccinated two weeks or more after their second dose of Pfizer/Moderna or two weeks after receiving the single dose J&J vaccine.

Scan the QR code to see interactive links on this flyer

